**A New Me**

**Discussion Questions**

 These Questions focus on the lesson; it may help read the main passage again in its entirety. This is to help you come to a fuller understanding of what is happening and what God I telling us through the accounts given.

1. Have you ever tried to quit a bad habit? What was that like?
2. Has anyone ever tried to sell you on a “quick fix” that seemed too good to be true? What happened?
3. How would living more like the description of the “new self” help you live in freedom?

**Reflection Question**

The questions in this section help you reflect on what is going on in your life and the world around you. Take your time and spend time thinking through each of these questions. We will not go over these together; this section is between you and God.

1. What areas of your life would you categorize as the “old life” that God wants you to leave behind?

1. Why is it hard to leave behind the “old self”?

**Application Questions**

 The goal of studying the Bible is to learn how to live more like Christ; if we never take what we learn in God’s word and put it into practice, then we are just wasting our time. This section helps you begin the process of figuring out how God’s word is going to change your life. How is this week’s lesson going to change what you do this week moving forward?

1. Identify one main area where you want to leave behind your old self and begin living into the new self that God has given you. Make a plan to work on that area with Jesus this week.
2. Knowing you plan what are you going to do? When are you going to do it? Is there someone who can keep you accountable?